The weekend (June 1 to 3, 2018) is brought to you by the Women's Respite Program, and includes a modest, private room, all meals, and opportunities for rest and relaxation. You can enjoy a massage, discussion groups, art activities, prayer, yoga, quiet reflection, and walking the grounds. All activities are optional.

Our venue is the Center of Renewal on the campus of Stella Niagara

You will need to fill out an application and a health form by May 17. Mail to address below.

Note that women with low incomes will be given priority.

After the deadline, you will receive a letter letting you know if your application is accepted.

Suggested donation is \$20. If your application is accepted, you can bring your donation to the program.

Some help with transportation may be available.

For an application or more information: 716/893-0931



Grandmothers

who are raising

fheir

Grandchildren



Application deadline: **May 17,** 2018. Send to Women's Respite Program 1301 Ferry Ave Niagara Falls, NY 14301

To send application electronically: womensrespite@yahoo.com